

## Examples of Diagnosis:

- Generalized Anxiety Disorder
- Depression
- PTSD (Post Traumatic Stress Disorder)
- Bipolar Disorder
- RAD (Reactive Attachment Disorder)
- ADHD (Attention-Deficit/Hyperactivity Disorder)
- Oppositional Defiant Disorder
- Autism Spectrum Disorder

Examples of Emotional and Behavioral challenges that demonstrate functional impairment include:

- Suicide attempts, threats or gestures
- Aggressive/self-injurious behaviors
- Impulsivity
- Rapid changes in emotion
- Uncontrollable hyperactivity
- Inability to focus and complete tasks
- Extreme isolation
- Temper tantrums
- Poor coping skills
- Inability to manage change or transitions
- Poor or no interpersonal skills
- Poor academic/work performance
- Oppositional and defiant behavior

## Treatment Approaches:

**Cognitive Behavioral Therapy**  
**Dialectical Behavioral Therapy**  
**Applied Behavioral Analysis**  
**Integrative and Holistic Therapy**

## Family Behavioral Health

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## Hablamos Español

Please check out our website for more information, to make a referral or schedule an appointment:

[www.fbhnv.com](http://www.fbhnv.com)

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## Family Behavioral Health

**Community Based Behavioral  
Health Treatment**

Serving children, adolescents, adults  
and their respective families in  
Northern Nevada

# Services

## Diagnostic/Assessment Services

- Comprehensive Assessments
- Health and Behavior Assessments
- Psychological Assessments
- Functional Assessments
- Intensity of Needs (LOCUS & CASII)
- Severe Emotional Disturbance (SED) Assessment
- Serious Mental Illness (SMI) Assessment
- Psychological Testing
- Substance Abuse Assessments

## Therapy Services

- Individual
- Group
- Family
- Couple

## Counseling Services

- Substance Abuse Counseling
- Gambling Counseling

## Psychosocial Rehabilitation

- Behavioral Management
- Conflict and Anger Management
- Interventions with school and Social Service Systems
- Community Transition and Integration
- Self-Management
- Interpersonal Skills

## Basic Skills Training

- Parent Training/Education
- Communication Skills
- Self-Care
- Transitional Living Skills
- Social Skills
- Organization and Time Management
- Basic Living Skills

## Mission

Family Behavioral Health's mission is to provide evidence and strength based, culturally appropriate, community behavioral health services to children, adolescents, adults and their respective families. We strive to increase recipient functioning in order to help them be successful in the area of home, school/work, and community and throughout their life course. We work with public and private organizations so that services and supports are effective.

### Insurances Accepted

- Medicaid FFS
- Anthem
- Blue Cross Blue Shield
- United Health Care PPO
- Northern NV Laborers
- Access to Healthcare
- Teacher's Health Trust
- Smart Choice
- TANF Expansion
- LifeSynch A Humana Co.
- Aetna

## FREQUENTLY ASKED QUESTIONS

- 1. Will I have to pay for these services?**  
If you have Medicaid Fee-for-Service or Amerigroup Insurance, you will not have to pay any additional costs for these services. Private insurance holders are subject to co-payments and co-insurance.
- 2. Where are these services provided?**  
Our services (except group therapy) can be provided in the comfort of your home or any community setting, which includes: school, work or any other setting where you socialize. You do not need to worry about transportation. You do have the option of receiving services at our office if you'd like.
- 3. What are the requirements?**  
To qualify for services, the recipient must demonstrate significant emotional/behavioral challenges that impair functioning in multiple settings because of a mental health diagnosis.
- 4. Do you conduct assessments/ testing to see if the recipient qualifies for a diagnosis?**  
Yes, you do not have to already have a diagnosis we will assess to see if you meet criteria for a diagnosis...
- 5. How do I get started?**  
Give us a call to schedule your FREE no obligation initial consultation. If you do not meet criteria for any of our programs we will refer you to someone who can help you.